



RESPONSIBLE GAMING

WHERE TO FIND HELP

If you are concerned that you may have a gambling problem, the toll-free national Problem Gambling Helpline is available 24 hours a day, 7 days a week at 1-800-522-4700.

You can also find assistance and information at the following state agencies:

Oklahoma Resources for Problem Gambling

Problem Gambling Help Line

1-800-522-4700

Problem Gambling Services and Resources (Oklahoma)

Agency: Oklahoma Department of Mental Health and Substance Abuse Services

Address: 1200 NE 13th PO Box 53277

Oklahoma City, OK 73152

Point of Contact:

Phone: 405-522-3908

Fax: 405-522-3767

Email: odmhsas@odmhsas.org

Web site: <http://www.odmhsas.org/>

Services Provided: Prevention, Public Awareness, Counselor Certification, Treatment Services, Counselor Training

Agency: Oklahoma Association for Problem & Compulsive Gambling, Inc.

Address: 7625 East 51st, Suite 400

Tulsa, OK 74145

Point of Contact: Michael H. Smith, Ph.D.

Phone: (918) 270-2788

Email: msmith@oapcg.org

Web site: www.oapcg.org

Services Provided: Prevention, Public Awareness, Counselor Training, Speakers Bureau, Casino/Horse Racetrack Employee Training, Sponsor Annual Oklahoma Problem Gambling Awareness Conference (March 2007), Sponsor Annual Oklahoma Problem Gambler Awareness Week (March 2007).

12-Step Meeting Availability*:

- Gamblers Anonymous
- Gam-Anon
- Call 800-522-4700

Problem Gambling Speakers for groups and organizations can be obtained through:

- Oklahoma Association of Problem and Compulsive Gambling: www.oapcg.org

Problem Gambling Web sites:

□ **Oklahoma Department of Mental Health and Substance Abuse Services:**

<http://www.odmhsas.org/Gambling/GamblingTempPage.htm>

o Gamblers Anonymous and Gam-Anon meeting information

o Lists of Oklahoma counselors with at least 60 hours of compulsive gambling specialized training

o Links to problem gambling resources

□ **Oklahoma Association of Problem and Compulsive Gambling:** www.oapcg.org

o Problem gambling information

o Statewide outreach / speakers bureau

o Gamblers Anonymous (GA) and Gam-Anon meeting information

o List of counselor training (problem gambling)

o Lists of Oklahoma counselors with at least 60 hours of compulsive gambling specialized training

o Links to problem gambling resources

□ **Oklahoma Association for Gambling Addiction Awareness:** www.oagaa.org

o Problem gambling information

o Safeguard information

o Links to legislative resources

o Links to problem gambling resources